

## Pregnancy & Infant Support Groups

### EDMONTON & AREA

**H.E.A.R.T.S.  
Helping Empty  
Arms Recover  
Through Sharing**

Whole family centered care for anyone touched by the loss of a precious baby at any time during pregnancy and any time after birth.

Meetings in evenings.  
Please contact group for details.

BriarPatch Centre for Grieving Children,  
Teens and Families  
9808 – 148 Street  
Edmonton, AB T5N 3E8  
780-413-9801, ext 309  
[www.pilgrimshospice.ca](http://www.pilgrimshospice.ca)  
[cherylsr@pilgrimshospice.ca](mailto:cherylsr@pilgrimshospice.ca)

Rainbow Babies (Pregnancy After a Loss Group)

**ParentCare**

Parents helping parents who have suffered the loss of a baby through miscarriage, ectopic pregnancy, stillbirth or early infant death

Registration not required.  
Meet 3<sup>rd</sup> Thursday of every month  
7:30 p.m. – 9:30 p.m.

Mother Rosalie Health Services Centre  
Misericordia Hospital  
16930 – 87 Avenue  
Edmonton, AB  
780-989-5040  
[support@parent-care.ca](mailto:support@parent-care.ca)  
[www.parent-care.ca](http://www.parent-care.ca)

**The  
Compassionate  
Friends**

Support for families who have experienced the death of a child from infancy to adulthood from any cause.

Meetings in evenings.  
Please contact group for details.

BriarPatch Centre for Grieving Children,  
Teens and Families  
9808 – 148 Street  
Edmonton, AB T5N 3E8  
780-413-9801, ext 309  
[www.pilgrimshospice.ca](http://www.pilgrimshospice.ca)  
[cherylsr@pilgrimshospice.ca](mailto:cherylsr@pilgrimshospice.ca)

**Grieving Parents  
Society  
(Edmonton)**

A support group for parents grieving the death of a child regardless of age or circumstance. Provides support from parents who have experienced the death of a child to help other parents cope with their loss.

Meet 3<sup>rd</sup> Thursday of every month at  
7:30 p.m.

The Plumbers & Pipefitters  
Union Building  
16214 – 118 Ave NW  
2<sup>nd</sup> Floor Boardroom  
Edmonton, AB  
780-451-5381  
[gpchair@grievingparents.ca](mailto:gpchair@grievingparents.ca)  
[www.grievingparents.ca](http://www.grievingparents.ca)

**SIDS  
Sudden Infant  
Death Syndrome**

Dedicated to the emotional support of those who are affected by SIDS.

Call to register.  
Meet 1<sup>st</sup> Tuesday of every month  
September – June

780-487-SIDS (7437)  
780-470-7436  
[info@sids-edmonton.ab.ca](mailto:info@sids-edmonton.ab.ca)

**The Infertility  
Connection**

Provide support to couples who are experiencing infertility.

Check website for meeting dates

KWCS Hours  
11135 – 87 Avenue  
[edmontoninfertility@shaw.ca](mailto:edmontoninfertility@shaw.ca)  
Please contact Dr. Adrienne Witol  
780-407-7844

## FORT SASKATCHEWAN

### Angel Whispers

Baby Loss Support Group: for families who have lost a baby during pregnancy or shortly after birth.

Call to register.  
Meet 3<sup>rd</sup> Monday of every month  
7:00 p.m. – 9:00 p.m.

Fort Saskatchewan  
Families First Office  
10302A – 99 Avenue  
Fort Saskatchewan, AB  
780-998-5595 ext 225  
780-964-7464

[www.angelwhispers.ca/angelwhispers](http://www.angelwhispers.ca/angelwhispers)  
[angelwhispers@familiesfirstsociety.ca](mailto:angelwhispers@familiesfirstsociety.ca)

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## RED DEER

### H.E.A.R.T.S. Helping Empty Arms Recover Through Sharing

Whole family centered care for anyone touched by the loss of a precious baby at any time during pregnancy and any time after birth.

Meet 2<sup>nd</sup> Thursday of every month  
7:00 p.m.  
September - June

Red Deer Bremner Avenue  
Community Health Centre  
Contact Simone Schumacher  
403-309-4344, ext 105  
[heartreddeer@shaw.com](mailto:heartreddeer@shaw.com)

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## SHERWOOD PARK

### Angel Whispers

Baby Loss Support Group: for families who have lost a baby during pregnancy or shortly after birth.

Call to register.  
Meet 1<sup>st</sup> Sunday of every month  
7:00 p.m. – 9:00 p.m.

Fort Saskatchewan  
Families First Office  
10302A – 99 Avenue  
Fort Saskatchewan, AB  
780-998-5595 ext 225  
780-964-7464

[www.angelwhispers.ca/angelwhispers](http://www.angelwhispers.ca/angelwhispers)  
[angelwhispers@familiesfirstsociety.ca](mailto:angelwhispers@familiesfirstsociety.ca)

Pregnancy After A Loss: for families who are joyfully and anxiously pregnant again after losing a baby.

Meet 2<sup>nd</sup> Sunday of every month  
7:00 p.m. – 9:00 p.m.

### H.E.A.R.T.S. Helping Empty Arms Recover Through Sharing

Whole family centered care for anyone touched by the loss of a precious baby at any time during pregnancy and any time after birth.

Meeting in evenings.  
Please contact group for details.

#44, 48 Brentwood Blvd  
Sherwood Park, AB  
Contact Cheryl Roberts  
780-464-3217  
780-413-9801 ext 309  
[www.heartsbabyloss.ca](http://www.heartsbabyloss.ca)

Rainbow Babies (Pregnancy After a Loss Group)

### The Compassionate Friends

Support for families who have experienced the death of a child from infancy to adulthood from any cause.

Meet Monday evenings at the BriarPatch Family Life Education Centre in Sherwood Park  
7:00 p.m.

#44, 48 Brentwood Blvd  
Sherwood Park, AB  
Contact Cheryl Roberts  
780-464-3217  
780-413-9801 ext 309  
[www.heartsbabyloss.ca](http://www.heartsbabyloss.ca)

***Please contact individual groups or organizations for specific services & details***